






# Check Your Cyber Pulse: Data Protection and Loss Prevention for Small Entities

Mitigated Threats	Key
<ul style="list-style-type: none"> <li>✓ Ransomware attacks</li> <li>✓ Insider, accidental or malicious data loss</li> <li>✓ Loss or theft of equipment or data</li> </ul>	 Healthy
	 Risky
	 Very Risky

### Control Sensitive Data

Our policies address all user interactions with sensitive data and reinforce the consequences of lost or compromised data.	We don't have policies in place to enforce anything. But, our organization expects that we appropriately manage sensitive data.	I do the best I can to secure sensitive data.
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### Proper Destruction of Data

We shred documents or use a secure disposal service, and we properly dispose of data and equipment.	We do not destroy documents containing sensitive information.	We dump documents containing patient information in the trash or recycling bin when we are no longer required to keep them.
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### Transmitting Sensitive Data

When e-mailing PHI, we use a secure e-mail protocol and network. We only store PHI on encrypted computers or servers, and we avoid using removable or mobile devices.	We encourage using secure messaging for sensitive data, but we don't sometimes. We discourage use of unencrypted storage, but it's not really monitored.	We send unencrypted sensitive data to clients via regular email clients. We use unencrypted storage for sensitive data transmission.
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### Education

Our organization mandates training on handling sensitive data, policies and procedures.	Our organization informally trains staff.	We don't have time for training. We're trying to keep up with our work.
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### Regulatory Compliance

We have a data classification policy that categorizes data as: Sensitive, Internal Use, or Public Use.	We have a process in place to de-identify data, but I'm not sure if it complies with healthcare regulation.	What healthcare regulations do we need to comply with?
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## Check Your Cyber Pulse

The "Check Your Cyber Pulse" series was produced by the 405(d) Task Group to provide your healthcare organization with a quick reference for maintaining cybersecurity readiness everyday. To address "Risky" and "Very Risky" behaviors, or to learn more about cyber safety, check out the 405(d) [Health Industry Cybersecurity Practices: Managing Threats and Protecting Patients \(HICP\)](#) publication and always stay in contact with your organization's IT or cybersecurity representative and HIPAA and privacy officer.

 Basic Email Practices	 Endpoint Protection	 Identity and Access Management	 Data Protection and Loss Prevention	 IT Asset Management
 Network Management	 Vulnerability Management	 Security Operations Center and Incident Response	 Network Connected Medical Device Security	 Cybersecurity Oversight and Governance

Check out the available resources 405(d) has to offer by visiting our website at [405d.hhs.gov](http://405d.hhs.gov) and our social media pages: @ask405d on [Facebook](#), [Twitter](#), [LinkedIn](#) and [Instagram](#)!

